



JIMMCCARTHY.COM

SILICON VALLEY EXPERT ON PEAK PERFORMANCE TEAMS KEYNOTE SPEAKER



- ACHIEVE TEAM GOALS
- REDUCE EMPLOYEE STRESS

- HIRE AND RETAIN TOP TALENT
- COMMUNICATE, MOTIVATE AND INSPIRE

Stanford MBA and early Yahoo employee Jim McCarthy helps companies transform their dysfunctional teams into peak performance teams. He shares his secrets from 20 years in Silicon Valley, helping organizations in turmoil to **become more focused, innovative and successful**. Participants walk away with science-based, clear, actionable strategies and practices to WIN at disruption — the Silicon Valley Way!

STANFORD MBA • EMPLOYEE #258 AT YAHOO! • LIVING WITH A CANCER DIAGNOSIS

"A high point of our 2-day event. The team deeply appreciated this focus on their well-being, and the power of Jim's personal story."
Joe Walowski
VP, Alexa at Amazon

"A tremendous experience. I highly recommend to others that they do this!"
Heidi Roizen, Venture Capitalist at Draper Fisher Jurvetson

"I can't recommend Jim strongly enough to companies looking to get more out of their employees."
Dave Zinman,
COO at RadiumOne

"Jim's workshop introduced new, thought-provoking lessons. Already find myself adopting several of the practices every day."
Brian Rumao, Chief of Staff to the CEO, LinkedIn

PREVIOUS ENGAGEMENTS



TO LEARN MORE, CONTACT: JIM@JIMMCCARTHY.COM | 650.930.6900



KEYNOTES AND WORKSHOPS

Jim always customizes for each unique audience.



Secrets of Silicon Valley Teams: From Dysfunction to Peak Performance

Countless companies are being disrupted globally. They're having to learn the secrets of success from the Cradle of Disruption: Silicon Valley. Gain precious insight from an Internet pioneer who has had to make companies actually work, and teams actually deliver results and be sustainable. Whether a manager is new or very experienced, this program gives leaders the tools and **best practices to take their companies to the next level** — starting immediately.



Get Stuff Done: Define and Achieve Your Business Goals

Are your employees accomplishing their objectives? In this workshop, participants learn how to prioritize their projects, and then develop **detailed action plans and roadmaps** to operationalize and achieve their goals. This program leverages the latest in neuroscience to develop **better daily habits**.



How to Hire Rock Stars onto Your Team

Many managers have no idea how to run a smart, rigorous, unbiased job interview process. But hiring the right people is essential for any business to succeed. This program teaches **leaders how to find, interview and successfully recruit top talent** onto their teams.



Onboarding for Rock Stars: Peak Performance for Individual Contributors

Students learn lots of things in college. But not usually the skills which they need to be successful in their first real jobs. You can greatly accelerate the learning curve of your employees through this workshop, which is **perfect for "onboarding" new people at your company**.



Bounce Back! How to Train Your Brain for Success

Research tells us **that a typical human being's thoughts are roughly 80% negative**. A person's "negativity bias" is bad for their relationships, their career, and their health. On top of that, we all face setbacks, "failure", and even tragedies. This program teaches you how to **build resilience** — ideal for teams facing tough daily challenges.



Keep Calm: How to Reduce Your Stress

Are you stressed out? Almost all of us would like to have less anxiety in our lives. Studies prove that **relaxed employees are more productive, happier, and less likely to quit**. The good news is that your teams can use science-based methods to learn how to de-stress — starting here and now.



Happiness: Create Your Pleasure, Purpose and Peace

Are your employees happy? This workshop helps your team contemplate their careers, legacy, relationships and meaning. They walk out with strategies and tactics to overcome obstacles, reduce their stress, appreciate their work, and be happy. This workshop will help them **rethink, refocus, and reenergize**.

ABOUT JIM MCCARTHY



Jim McCarthy is an **internationally recognized expert on peak performance teams** - the Silicon Valley Way! He shares his expertise with companies of all sizes through keynote speeches, highly interactive workshops and customized training programs. His talks aren't just inspirational—your employees will take away **practical strategies, scientifically proven insights, and daily action plans** on how to change their thoughts, their careers, and their lives. Audiences deeply appreciate **Jim's unique perspective** — as a Stanford MBA, Internet pioneer, and person living with a cancer diagnosis.

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